

At CareConnect, we know that getting fit is one of the best things you can do for your health.

So we're offering a sweet deal.

We'll partially reimburse you for membership to a fitness center that maintains cardio equipment and offers



programs that promote cardiovascular wellness, or for attendance at exercise classes such as yoga, Pilates and spinning. To qualify for the reimbursement, you must visit the gym or attend class at least 50 times during your plan year. You could get a check for \$200 for every 50 visits, which can add up to \$400 in a plan year!*

And we'll even reward your spouse!

If your spouse is on your plan, we'll reimburse him or her up to \$100 for every 50 visits in a plan year. So that's up to \$400 for you and up to \$200 for your spouse, for a maximum savings of \$600 a year just for staying in shape!

That's a big chunk of change!

And here's how to make sure that you get it.

After you or your spouse complete 50 or 100 visits, fill out a reimbursement form and attach:

- A copy of your current gym or exercise class bill
- Proof of payment
- A record of gym visits or classes attended (a printout from the gym or exercise class, or a list with dates signed by a representative of the gym or the exercise class)
- A copy of a brochure that outlines the services offered by the exercise facility



With CareConnect, exercise really pays off!

For more information
call **855-706-7545**
or visit **CareConnect.com**

