



# MindCare

MindCare provides access to high-quality, convenient and confidential mental health services, so members can get the support they need, while improving the health of your bottom line.



## Improving mental health, enhancing quality of life

### CONVENIENT

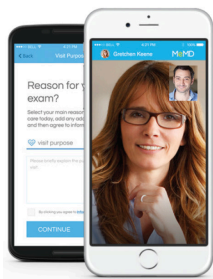
It can be difficult to wait days or weeks to schedule an appointment. MindCare makes it easy to receive therapy from the comfort and privacy of your own home or office.

### COMPREHENSIVE

MindCare offers counseling for over 20 common issues. Every session ends with a therapist-developed treatment plan, complete with an assessment tool to track progress.

### CONTINUING

MindCare is ongoing, comprehensive therapy. Members can schedule repeat visits with preferred therapist. Most appointments can be scheduled within 24 hours.



### Business Benefits:

- Employers experience immediate healthcare cost savings, often topping \$100,000+ in the first year alone
- Easy to implement – you can be up and running within weeks
- Easy-to-access platform with the option to pre-populate demographic data

✓ \$50/\$75 copay    ✓ Unlimited usage    ✓ Outside of health plan

### TEEN THERAPY

MeMD's child and adolescent therapists are state-licensed and credentialed in accordance with NCQA guidelines.

- Connect your children to a therapist in hours
- Consults take place online or by phone
- Available for children ages 10-17

# Mental Health Matters!

**“It’s a huge relief to have somewhere to turn – and not have to wait a month to see someone. Great system and staff. Caring, organized, efficient. Truly peace of mind.”**

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TouchCare Member